

Section/Number: Healthy Eating – 05	Approval Date: (DD/MM/YY)
Subject: The Sale of Pop/Soda Drinks not to be authorized in Community Government Buildings Policy	Amendment Dates:
<p><u>Policy</u>                  The sale of Pop/soda drinks not be authorized in the buildings of <u>Community Government Name</u>.</p> <p>Pop is one of society’s favorite beverages. Though it is popular with men, women, and children, drinking pop has many serious health consequences.</p> <p>Pop is high in sugar and calories. Drinking pop may cause drinkers to gain weight with adverse health risk with no nutritional value. The sugar consumption in pop is causing tooth decay. The acid in pop has shown to erode tooth enamel and leads to cavities and other dental issues as well.</p> <p><u>The Community Government Name</u> is taking an active approach to maintain the health, safety, and welfare of our community members by not authorizing the sale of pop/soda drinks in the buildings of <u>Community Government Name</u>.</p>	
<p>Definitions</p> <p>N/A</p>	

Guidelines:

1. Health habits are heavily influenced by the supply of food in different settings and community governments have a predominant role to play in the development of healthy food environments.
2. The rate of obesity and Type 2 Diabetes is of serious concern and this condition affects the health, quality of life, and well-being of the population, in addition to generating significant social costs.
3. The Government of the NWT alone cannot stop the obesity and diabetes epidemic and must count on the contribution of Community Governments.
4. Community Government Name wishes to take an active role in promoting health and well-being by helping community members adopt a healthy lifestyle.
5. Numerous community buildings, including sports and recreation facilities, are frequented by children and adolescents.
6. Like many public health organizations, the Community Government Name is concerned with the growing consumption of pop/soda drinks by young people.
7. The consumption of pop/soda drinks is known to cause poor dental hygiene resulting in cavities, enamel erosions and tooth decay.

Attachments

Drop the Pop SMP

References

Drop the Pop NWT

<http://dropthepopnwt.hss.gov.nt.ca/faqs.htm>