

Section/Number: Healthy Eating – 09	Approval Date: (DD/MM/YY)
Subject: Healthy Choices Agreement for Contracts/Tenders	Amendment Dates:
<p><u>Policy</u></p> <p>People are interested in choosing healthier foods. What we eat and level of physically activity can be positively influenced by healthy and supportive policies where we live, learn, work, and play. Foods such as vegetables, fruits, whole grains, lower fat milk products and leaner meats help to prevent chronic diseases. A community supportive of healthy choices, helps to create and maintain healthy people and healthy communities.</p> <p>The <u>Community Government Name</u> encourages and supports our community members, employees, and visitors to make healthy eating choices.</p> <p><u>Community Government Name</u> will ensure healthy foods and drinks are available at all <u>Community Government Name</u> operated retail outlets, vending machines, functions and fundraising events that require a tender, service agreement, or catering contract.</p>	
<p>Definitions</p> <p>N/A</p>	

Guidelines:

1. This policy applies to contracts, tenders and food service agreements with suppliers. *Community Government Name* may have contracts or lease agreements with food service providers like retail outlets, caterers, and vending machine suppliers in the community.
2. Having a requirement to provide and promote healthy foods and drinks in these leases and contracts as well as food service tenders will:
 - Ensure food service providers are committed to health and well-being of your community residents and visitors;
 - Support food service providers want to make healthy changes;
 - Demonstrate your leadership and commitment to promoting healthy lifestyles.
3. Responsibility within the Tender, Service Agreement, or Catering Contract :
 - Offer healthy food and drink options at all retail outlets, vending machines, meetings, functions and fundraising events.
 - Foods high in unhealthy saturated and trans fats, salt and sugar such as sweet biscuits, sweetened soft drinks and juices, fried foods, potatoes chips, pies, etc; are not encouraged.
 - Include more fruit and vegetables.
 - Reduce serving size.
4. Ensure that all Community Government Employees in the retail environments understand the Healthy Choices Agreement Contract.
5. Ensure that contractors, caterers, and tenders are aware of the Healthy Choices Agreement contract and are able to provide service within the contract terms in conditions.
6. See attachment Healthy Food Choices Guide of Suggested Foods to offer in retail, vending or catering contracts. These Choices are listed in “Best Choice” and “Avoid” options.

Attachments:

Healthy Food Choices Guide for Retail, Vending and Catering: “Best Choice”, “Choose Carefully”, and “Foods to Avoid”

Nutrition Tool: What are healthy choices for vending machines?

Vending Machine – Healthy Choices Policy

The Sale of Pop/Soda Drinks not to be authorized in Community Government

Buildings Policy

The Sale of Energy Drinks not to be authorized in Community Government Buildings Policy

Drop the Pop and Energy Drink - SMP

Healthy Eating at Community Events - SMP

References

<http://heas.health.vic.gov.au/healthy-choices/organisational-policy-and-supplier-contracts>

https://www2.health.vic.gov.au/getfile/?sc_itemid=%7bD5628D86-B37D-42F7-8B9A-687F4A3E85FB%7d&title=Healthy%20Eating%20Policy%20and%20Catering%20Guide%20for%20Workplaces